

# **Hiking and Leisure South Africa – Western Cape**

**15 Day Cape Town / Wine Valleys / Little Karoo Overnight Hikes / Knysna**  
**Optional Extension: Kruger National Park Walking Safari**



**"Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop away from you like the leaves of Autumn." -- John Muir**

**Peering down on the Cape Peninsula expanse you know that this is the way to see the area of the Western Cape fully and in that lies the motivation of Hiking and Leisure, from the first footstep that we take on the Hoerikwaggo Trail on the Orange Kloof Section leaving behind the Hum Drum of the city and smelling the scents of the Fynbos,. Finish our climb at the Upper Cable Car of Table Mountain and then we get whisked down via the revolving Car with awesome views around us. Enjoy some of the highlights of Cape Town, the Bo – Kaap, fabulous food and wine and of course our visit to Robben Island. Shop if you like or scale Lions Head infinite options to indulge yourself in the Mother City – culture, history, art, shopping – what will entice you?**

**We move inland via the wine and gourmet capital of Franschoek and Stellenbosch - steeped in history and offering exquisite culinary delights - to the heart of the infamous Route 62 and the quiet hamlet of Montagu. Surrounded by towering mountains and fertile farmlands we will enjoy the hikes of the region and the hospitality of the locals before making our way to the ostrich capital of the world in Oudtshoorn. Dropping down to sea level with the Outeniqua Mountain range behind us we overnight in Knysna or in the surrounding areas. This region hugged by indigenous forests and pristine coastline offers superb hiking areas and we partake in an overnight hike on the Goukamma / Groenvlei hike.**

**Whilst hiking is an important part of the program the activities in the area are unforgettable, Elephant Interaction at the Knysna Elephant Park, the ever popular Featherbed Excursion and more fun than you can throw a stick at. And when this is all done, why not do yourself a favour and extend your time to include the magic of Kruger National Park and the wildlife splendour she offers.**

**Come and take time to appreciate a portion of our country, take the first step...now.**

**One of our consultants are waiting to assist you with any questions and a complete itinerary for this tour – feel free to contact us:**

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